

# Retro Health Onsite Disease Management Program FAQ's



## **How do I qualify for my medical insurance premium discount?**

When you enroll in the health plan you must make an appointment with the onsite nurse to complete your Health Risk Assessment (HRA) and your Wellness Labs. The HRA and Labs are free to all employees on the health plan. The HRA and Wellness Labs must be completed every two years to be eligible for the discount. Results will be reviewed by a provider and you will be notified if you qualify for the Disease Management Program.

## **What is the Retro Health Disease Management Program?**

Our program builds relationships and develops trust by bringing the highest quality of care directly to the employee. We identify high risk individuals with diabetes, high blood pressure, and high cholesterol in order to improve long term health and a better quality of life.

## **Is the program convenient to me?**

Yes. The program is free to you. All visits are at onsite clinics. You will remain on the clock with little to no delay in seeing your provider.

## **Will I see a Provider?**

Yes. Employees enrolled in the program will see a provider. There is no limit on time spent with the provider.

## **I already see a Provider. How does this benefit me?**

We do not want to replace your current provider. We want to work with your provider to ensure that your chronic diseases are properly managed.

## **How will the onsite nurse help me become healthier?**

The onsite nurse will support and build a strong relationship with you to help guide you through your health care journey. The nurse will help you understand your condition and provide you with education to improve your health. The nurse will also communicate with your health care team to ensure you are receiving the best quality of care.

## **Will my medical information be shared with my employer?**

Your medical and health information is private and protected. Your medical record will only be reviewed by the Retro Health Care Team.

**The Retro Health nursing team will be calling you to schedule your wellness lab appointment and to answer any other questions.**

**Onsite Clinic Nurse Line (833) 600 - 9355**

