

# Retro Health Virtual Disease Management FAQ's



## **What is the Retro Health Virtual Disease Management Program?**

Our program builds relationships and develops trust by bringing the highest quality of care directly to the employee wherever they are located. We identify high risk individuals with diabetes, high blood pressure, and high cholesterol in order to improve long term health and a better quality of life.

## **Is the program convenient to me?**

Yes. The program is free to you. All visits and communication are virtual through video and phone calls. You will remain on the clock, there is no traveling or waiting in the lobby at the doctor's office.

## **Will I see a Provider?**

Yes. Employees enrolled in the program will see a provider virtually. There is no limit on time spent with the provider.

## **I already see a Provider. How does this benefit me?**

We do not want to replace your current provider. We want to work with your provider to ensure that your chronic diseases are properly managed.

## **What is a Disease Management Nurse and how will the nurse help me become healthier?**

A disease management nurse is someone that supports and builds a strong relationship with you to help guide you through your health care journey. You will be visiting with the nurse at least once a month to help you understand your conditions, set personal goals, and provide education to improve your health. The nurse will also communicate with your health care team to ensure you are receiving the best quality of care.

## **Will my medical information be shared with my employer?**

Your medical and health information is private and protected. Your medical record will only be reviewed by the Retro Health Care Team.

**Our healthcare team will be reaching out to enroll you into the program and answer any questions. Save our nurse's contact info with the QR code below.**

**Disease Management Nurse Line (844) 573 - 3733**

